



Delphi Lodge Events Calendar – What’s on in August

Here’s this month’s line up of what’s happening in the Galway, Connemara and Southwest Mayo region.

Saturday 6th & Sunday 7th

The Connemara 100

The Connemara is a 100 mile endurance run with 30 hour limit taking place every August. The course is simply fabulous, taking participants from Clifden through Letterfrack, Leitirgeish, the Inagh alley, Maam Cross, Leenane, Inagh Valley again, then on to Roundstone, Ballyconeely and back to Clifden to complete 100 miles.

See: www.connemara100.com

Sunday 14th to Sunday 21st

Connemara Pony Festival

Premier show for Connemara Ponies in Ireland for breeders and owners from home and overseas. The annual Connemara Pony Festival & Show in Clifden, Co Galway attracts visitors from all over the world. The highlight of the festival is on Thursday and Friday, when the biggest showcase of Connemara Ponies in the world takes place. Ponies compete in in-hand classes, ridden classes, working hunter classes, and a puiissance (or high jump) competition. For non-pony enthusiasts, there is a dog show, a domestic arts show and Irish Dancing.

See: www.cpbs.ie

Saturday 20th

Gaelforce West

Gaelforce West is the largest one-day adventure race of its kind in the world. It is a multi-sport adventure race involving cycling, running, hiking and kayaking. The course of approximately 67km stretches from the stunning Glassilaun beach to Westport. En route there are some significant obstacles to cross, including Killary Harbour and the famous holy mountain of Croagh Patrick. The event is designed for solo competitors, but you can run it with a buddy or training partner.

See: www.gaelforceevents.com

Saturday 20th to Sunday 28th

National Heritage Week

National Heritage Week is a wonderful platform for families to come together to get involved in a wide range of activities as a family. This year's aim is to encourage families, young and old, to get out and connect with the heritage that is ingrained in all of us.

See: <http://www.heritageweek.ie/>

Sunday 21st

Etape Connemara

The Étape Connemara is a 150km cycling sportive. This is a chip-timed event on open roads in Connemara. The event is organised by Croí, the heart & stroke charity, with all proceeds going back to the charity.

See: <http://www.croi.ie/event/etape-connemara>

What else is happening in August?

Walking

Get out there and enjoying the countryside. Paul Phelan, our walking expert Guide has a couple of scheduled walks this month that may take your fancy.

See: <http://www.walkconnemara.com/calendar.html>

Markets

Two great markets to sample are the Galway Market every Saturday at Market lane.

See: <http://galwaymarket.weebly.com/>

and

Westport Country Markets every Thursday morning (get there early!)

See: <http://www.destinationwestport.com/event/westport-country-markets/>

Gardens

If you'd like to take in something really special - take a look at Brigit's Garden www.brigitsgarden.ie and of course the wonderful walled gardens at Kylemore Abbey www.kylemoreabbeytourism.ie

Island Dive Safaris

Already love scuba diving or looking for a new adventure? How about joining Scubadive West on their Island Dive Safari – have a night or two at Delphi Lodge and then head out to Inishturk, Inishboffin or Clare Island for some amazing diving throughout August.

See: www.scubadivewest.com

Clew Bay Archaeological Trail

Wonderful insights into the historic heritage of the area – can be split into manageable chunks, but should be experienced to some extent when here.

<http://www.clewbaytrail.com/>